

Today's Theme

“Antidote To Fear & Worry”

Series Title:

“Staying Encouraged”

Part 10 7/5/20

The Big Deal About Fear

1. What We Fear _____ Our _____.

- (1) Fear can end up all _____ in life.
- (2) Can keep us from achieving _____ & living _____.

2. Fear _____ Internal _____.

Psalm 139:23 Search me, God, and know my heart; test me and know my anxious thoughts.

- (1) Being anxious _____ an _____ in our lives.
- (2) Fear calls for _____ & _____.

3. WW Fear _____ What We _____ About.

Matt 6:27 Can any one of you by worrying add a single hour to your life? . . . 31 So do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ 32 For the pagans run after all these things, and your heavenly Father knows that you need them

- (1) There's clearly a _____ w/fear & worry.
- (2) When/If _____ takes over we're _____.
- (3) Worry has a way of _____ & _____ us.

With _____ Leading to _____
It Demands _____

1. The _____ & _____ Of Patience.

Proverbs 16:32 Better a patient person than a warrior, one with self-control than one who takes a city.

Proverbs 15:18 A hot-tempered person stirs up conflict, but the one who is patient calms a quarrel.

- (1) Patience is a _____ ingredient in _____.
- (2) Patience turns us into _____.

2. Patience Can _____ Fear & Worry.

James 5:7 Be patient, then, brothers and sisters, until the Lord's coming. See how the farmer waits for the land to yield its valuable crop, patiently waiting for the autumn and spring rains. 8 You too, be patient and stand firm, because the Lord's coming is near.

- (1) Patience gives us the _____ to _____ on.
- (2) It's an _____ to what fear & worry _____.

3. Being Patient _____ Jesus In _____.

Matthew 10:28 Do not be afraid of those who kill the body but cannot kill the soul. Rather, be afraid of the One who can destroy both soul and body in hell.

Psalm 112:7 They will have no fear of bad news; their hearts are steadfast, trusting in the Lord.

Philippians 4:6 Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.

- (1) We _____ if fear will _____ our life.
- (2) Jesus followers are _____ to be _____.

4. _____ Patience Makes Us _____.

James 1:2 Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, 3 because you know that the testing of your faith produces perseverance. 4 Let perseverance finish its work so that you may be mature and complete, not lacking anything. 5 If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you.

- (1) _____ F&W and _____ with patience.
- (2) Patience takes the _____ of fear & worry.
- (3) Patience involves taking _____ (Not passive).
- (4) Patience shows we have _____ in Jesus.
- (5) Patience tells others we _____ Jesus.