Today's Theme

"A Resilient Life"

Series Title:

"Staying Encouraged"

Part 30 11/22/20

What Resilient Means?

- 1. Defined: Strong Tough Hardy Buoyant - Irrepressible Difficult to keep down
- 2. RP own a sense of self & purpose.
- 3. RP live with a *high* level of *self*-control.
- 4. RP understand life is full of challenges.

What Makes My Life Resilient?

1. To have a *rock* in our life.

Matt 7:24 "Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock. 25 The rain came down, the streams rose, and the winds blew and beat against that house; yet it did not fall, because it had its foundation on the rock. 26 But everyone who hears these words of mine and does not put them into practice is like a foolish man who built his house on sand. 27 The rain came down, the streams rose, and the winds blew and beat against that house, and it fell with a great crash."

2. To have *roots* that go *deep* in our life.

Jeremiah 17:7 "But blessed is the one who trusts in the Lord, whose confidence is in him. 8 They will be like a tree planted by the water that sends out its roots by the stream. It does not fear when heat comes; its leaves are always green. It has no worries in a year of drought and never fails to bear fruit."

3. To be *defined* in our life.

John 5:24 "Very truly I tell you, whoever hears my word and believes him who sent me has eternal life and will not be judged but has crossed over from death to life.

- (1) We know what we believe.
- (2) We know why we believe it.
- (3) We're not gonna change 1&2.

4. To take failure & disappointment well.

Mark 2:4 Since they could not get him to Jesus because of the crowd, they made an opening in the roof above Jesus by digging through it and then lowered the mat the man was lying on.

Acts 6:5 This proposal pleased the whole group. They chose Stephen, a man full of faith and of the Holy Spirit; Acts 7:51 "You stiff-necked people! Your hearts and ears are still uncircumcised. You are just like your ancestors: You always resist the Holy Spirit! 52 Was there ever a prophet your ancestors did not persecute? They even killed those who predicted the coming of the Righteous One. And now you have betrayed and murdered him — 53 you who have received the law that was given through angels but have not obeyed it." 54 When the members of the Sanhedrin heard this, they were furious and gnashed their teeth at him. 55 But Stephen, full of the Holy Spirit, looked up to heaven and saw the glory of God, and Jesus standing at the right hand of God. 56 "Look," he said, "I see heaven open and the Son of Man standing at the right hand of God." 57 At this they covered their ears and, yelling at the top of their voices, they all rushed at him, 58 dragged him out of the city and began to stone him. Meanwhile, the witnesses laid their coats at the feet of a young man named Saul. 59 While they were stoning him, Stephen prayed, "Lord Jesus, receive my spirit." 60 Then he fell on his knees and cried out. "Lord, do not hold this sin against them." When he had said this, he fell asleep.