

Today's Theme

“Practicing Thankful”

11/29/20

What Thankful Means?

1. Defined: -*Pleased* -*Relieved*
 -*Glad* -*Grateful*

Relieved = *No* longer feeling *distressed*.

No longer being *anxious* but *reassured*.

2. T is being aware of a *benefit* received.

3. T expresses *gratitude* & is *appreciative*.

The Heart & Soul Of Being Thankful

1. Thankful doesn't *mean* always *happy*.

Phil 4:6 Do not be anxious about anything,

2. We face *choices* when *challenges* hit.

Phil 4:6 but in every situation, by prayer and petition, with thanksgiving, present your requests to God.

3. The promise as we *pray* & *stay* thankful.

Phil 4:7 And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Staying Thankful To God How To Actually Do It?

1. Accept our future's *safe* because of Him.

John 11:25 Jesus said to her, “I am the resurrection and the life. The one who believes in me will live, even though they die; 26 and whoever lives by believing in me will never die. Do you believe this?”

2. We're willing to be *honest* with ourself.

Rom 1:21 For although they knew God, they neither glorified him as God nor gave thanks to him, but their thinking became futile and their foolish hearts were darkened. 22 Although they claimed to be wise, they became fools 23 and exchanged the glory of the immortal God for images made to look like a mortal human being and birds and animals and reptiles. 24 Therefore God gave them over in the sinful desires of their hearts to sexual impurity for the degrading of their bodies with one another. 25 They exchanged the truth about God for a lie, and worshiped and served created things rather than the Creator—who is forever praised. Amen.

3. Pray for rather than try to *change* others.

Mark 9:28 After Jesus had gone indoors, his disciples asked him privately, “Why couldn't we drive it out?” 29 He replied, “This kind can come out only by prayer.”

4. Train ourselves to *practice* thankful.

Luke 17:15 One of them, when he saw he was healed, came back, praising God in a loud voice. 16 He threw himself at Jesus' feet and thanked him—and he was a Samaritan. 17 Jesus asked, “Were not all ten cleansed? Where are the other nine? 18 Has no one returned to give praise to God except this foreigner?”