

Today's Theme

# “The Secret To A Satisfied Life”

Series Title

## “Finding Joy In Life” Part 26

February 27 , 2022

### *Finding Satisfaction In Life*

#### **1. Other people can't give me satisfaction.**

*Paul figured it out*

(1) It's wonderful when others *love & help* us.

Phil 4:10 I rejoiced greatly in the Lord that at last you renewed your concern for me. Indeed, you were concerned, but you had no opportunity to show it. 11 I am not saying this because I am in need, . . .

(2) Paul *knew* he could be satisfied *without* it.

Phil 4:11 I am not saying this because I am in need,

#### **2. Possessions can't give me satisfaction.**

*Paul learned* in his life that:

(1) *Achievement* won't bring satisfaction.

Phil 4:11 . . . for I have learned to be content whatever the circumstances.

(2) Satisfaction is *independent* of *stuff*.

James 4:4 You adulterous people, don't you know that friendship with the world means enmity against God? Therefore, anyone who chooses to be a friend of the world becomes an enemy of God.

#### **3. Changing circumstances can't satisfy.**

Phil 4:12 I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want.

Contentment when *present* can be seen

(1) Paul's *contentment* was *real* in his life.

(2) Paul wasn't *desperate* or *demanding*.

(3) Paul *refused* to give-in to *pressure*.

#### **4. Satisfaction can *only* come from Jesus.**

*Just stop trying* to do it on your own

(1) Being content *comes* from Jesus *strength*.

Phil 4:13 I can do all this through him who gives me strength.

(2) When *connected* to Jesus we *have* His strength.

John 7:37 On the last and greatest day of the festival, Jesus stood and said in a loud voice, “Let anyone who is thirsty come to me and drink. 38 Whoever believes in me, as Scripture has said, rivers of living water will flow from within them.”

Col 1:11 being strengthened with all power according to his glorious might so that you may have great endurance and patience,

John 10:10 I have come that they may have life, and have it to the full.

#### **The secret to living a satisfying life:**

Trust *Jesus* to *meet* your deepest personal needs