

Today's Theme

# P12 U Worn Out & Need Rest?

Series Title

## “Promises For Us”

Part 13 April 21, 2024

Promise 1: I will give you *eternal* life. John 5:24

Promise 2: I will help you live with *peace*. John 14:27

Promise 3: I will *care* for you. 1 Peter 5:7

Promise 4: I will give you an *inside* helper. John 14:16

Promise 5: I will *walk* with you in life. 2 Cor 6:16

Promise 6: I will be a *shepherd* to you. John 10:11

Promise 7: I will give you *strength*. John 10:11

Promise 8: I will *forgive* you *fully*. 1 John 3:5

Promise 9: I will *protect* you *always*. John 17:11-15

Promise 10: I will *help* you with *suffering*. 2 Cor 1:3-7

Promise 11: I will *change* you. 1 Cor 5:17-2

Promise 12: I will give you \_\_\_\_\_. Matt 11:28-30

### 1. How Jesus goes about \_\_\_\_\_ us rest.

(1) \_\_\_\_\_ with me & get to \_\_\_\_\_ me.

Matt 11:28 “Come to me, . . .

John 1:12 Yet to all who did receive him, to those who believed in his name, he gave the right to become children of God—

(2) Learning to be \_\_\_\_\_ with \_\_\_\_\_-sufficiency.

Matt 11:28 . . . all you who are weary and burdened, Psalm 10:4 In his pride the wicked man does not seek him; in all his thoughts there is no room for God.

(3) Jesus \_\_\_\_\_ He will give us \_\_\_\_\_.

Matt 11:28 . . . and I will give you rest. ”

(4) \_\_\_\_\_ Him is being \_\_\_\_\_ to Him.

Matt 11:29 Take my yoke upon you and learn from me,

(5) Being with Jesus we \_\_\_\_\_ an \_\_\_\_\_ friend.

Matt 11:29 . . . for I am gentle and humble in heart,

Eph 4:1 . . . I urge you to live a life worthy of the calling you have received. 2 Be completely humble and gentle; be patient, bearing with one another in love.

(6) Connecting w/Jesus \_\_\_\_\_ for us.

Matt 11:29 . . . and you will find rest for your souls.

(7) Jesus doesn't \_\_\_\_\_ our lives.

Matt 11:30 For my yoke is easy and my burden is light.” James 3:13 “Who is wise and understanding among you? Let them show it by their good life, by deeds done in the humility that comes from wisdom.”

### 2. What rest \_\_\_\_\_ like to \_\_\_\_\_.

(1) That Jesus \_\_\_\_\_ for us & brings \_\_\_\_\_ to us.

Psalm 23:2 He makes me lie down in green pastures, he leads me beside quiet waters,

(2) His presence in our life \_\_\_\_\_ us \_\_\_\_\_.

Exodus 33:14 The Lord replied, “My Presence will go with you, and I will give you rest.”

Ps 37:7 Be still before the LORD and wait patiently for him; do not fret when people succeed in their ways, when they carry out their wicked schemes.

(3) Trusting Jesus brings \_\_\_\_\_ & \_\_\_\_\_ to us.

Jer 17:7 “But blessed is the one who trusts in the Lord, whose confidence is in him. 8 They will be like a tree planted by the water that sends out its roots by the stream. It does not fear when heat comes; its leaves are always green. It has no worries in a year of drought and never fails to bear fruit.”

Ps 62:5 Yes, my soul, find rest in God; my hope comes from him. 6 Truly he is my rock and my salvation; he is my fortress, I will not be shaken. 7 My salvation and my honor depend on God; he is my mighty rock, my refuge. 8 Trust in him at all times, you people; pour out your hearts to him, for God is our refuge.